

UTAH - WEEKLY INFLUENZA TEXT SUMMARY

Influenza Activity in Utah:

Influenza and other respiratory viruses are circulating in Utah at this point. 231 influenza-associated hospitalizations (164 Type A, 44 Type B and 23 Unknown) have been reported to the UDOH as of present. This website will be updated every Wednesday by 1:00 PM.

As of 03/28/2007, no pediatric influenza-associated deaths have been reported in Utah for the current season.

National influenza surveillance data can be found at www.cdc.gov/flu. Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a geographical description of how influenza is circulating in the state and not season severity.

INFLUENZA PREVENTION

How to protect yourself and others:

1. Utahns should get an influenza vaccine.
**Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
** Stay away from other people when you are sick.
** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.
** Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

